October, 2013

Dear Friends of Carmel,

There is a touching story about a mother’s visit to church with her five year old child. As they walked down the aisle, little Christine was drawn to the stained glass windows that were illuminating the entire church with vibrant colors and images of saints in glowing light.

“Mommy” asked Christine, “Who are those people in the windows?” “They are God’s special friends, The Saints” her mom said. Here is St. Dominic, over there is St. Thérèse, next to her is Juan Diego and over there is St. Monica.” After a pause little Christine said, in the wisdom of a child, “I know what a Saint is, Mommy. A Saint is someone who lets the light shine through.”

Left in awe, her mother whispered a silent prayer of thanksgiving for her child’s amazing insight. Yes, a Saint is someone who lets the light shine through, the light of God’s grace radiating through their lives to you and me and everyone.

On the feast of All Saints, you may want to ask your favorite Saints to help you see more clearly the brilliant light that shines through their lives revealing a special gift that God wants to give you.

On the day after All Saints Day, the Church celebrates All Souls Day when we remember in a special way all who have died, in our families, among our friends, as well as all the faithful departed.
All year long, we receive from you, our benefactors, names of your deceased loved ones. These names come to us like a litany of Saints calling us to praise God for the goodness of their lives through which God's light has shown so brightly. The Sisters of Mount Carmel consider it a privilege to remember all your loved ones in prayer this special day, All Souls Day.

Next time you gaze at a stained glass window, think of that special gift your loved one has manifested through his/her life and see that light shining through to you and me and everyone.

Let us pray,

May the Light of Christ shine
Upon your loved ones and
Grant them peace forever in
God’s kingdom. Amen.

May the peace of Christ fill your heart,

Sister Catherine Martin, O. Carm.
Development Director